



**DARA**  
HEALTH

**Carl H.D. Adrian, MD, FRCPC**

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**Consulting Psychiatrist, Shared Care Mental Health, Department of Psychiatry, Calgary, AB**

**Assistant Clinical Professor, Cumming School of Medicine, University of Calgary**

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**Inclusion and Exclusion Criteria for referral to Dr. Carl Adrian**  
**(Please include this sheet with your consultation request)**

*Please check to indicate that the patient meets the following criteria:*

\_\_\_\_\_ is between the ages of 18 and 65 (and is *not* functionally geriatric)

\_\_\_\_\_ is motivated to make change in their life

\_\_\_\_\_ has symptoms consistent with ADHD, an anxiety disorder or a depressive disorder

\_\_\_\_\_ does NOT have a primary substance use disorder

\_\_\_\_\_ does NOT have a pervasive developmental delay

\_\_\_\_\_ does NOT have a psychotic spectrum disorder

\_\_\_\_\_ does NOT have a primary bipolar spectrum disorder

\_\_\_\_\_ does NOT have current involvement with the legal system

*The referring physician and the patient understand that a consultation with Dr. Adrian is for an opinion only and does not represent an agreement by Dr. Adrian to provide long-term psychiatric care in an ongoing doctor-patient relationship.*

*Dr. Adrian does not provide psychiatric consultation for WCB, insurance, AISH applications or legal purposes.*